

This is for EVERYONE! Not only those with low income!

Pick Up & Order Location:

Salmon Creek Community Church
9076 Union Street
Scottsville, NY 14546

Pick Up Time:

9:00AM- 11:00AM, Saturday, March. 20th, 2010

All orders must be picked up no later than 11:00AM on Distribution day. Any Orders not picked up by 11:00AM will be considered a donation. There are not refunds or exchanges. No exceptions.

How to Order:

We accept cash, money orders, and food stamps

Order in Person:

Sunday March 8th 11:30AM – 12:30PM
Sunday March 14th 11:30AM – 12:30PM

ONLINE ORDERING IS NOW AVAILABLE

We are happy to announce that you can now order online too! Just visit www.angelfoodministries.com and follow the instructions there

*All **food stamp** orders must be placed at SC3, in person, by the cardholder.*

Mail Orders (money orders only):

Salmon Creek Community Church
9076 Union Street
Scottsville, NY 14546

Please send self addressed stamped envelope for your receipt (necessary for pick up).

Deadline to Order: 12 noon on Tuesday, March 16th, 2010



Our Lifestyle

"Getting better together through the uncompromised Word of God and taking not one step back!"

Welcome to Salmon Creek Community Church, or SC3 as we like to say, where our doors are open to people of all backgrounds regardless of where they are on their spiritual journey.

If you are new to Salmon Creek or are considering joining us for a service, we hope you will find a place where you are warmly welcomed even if you have never tried out church before. At our services, we are committed to being culturally relevant and we tend to use cool technology as well as creative and performing arts to connect with people as we present the ageless truths of the Bible in a compelling, easy-to-understand arrangement.

Come check us out on Sunday morning and you will see why we are committed to getting better together through the uncompromised Word of God and taking not one-step back!

Our **Sunday Services** are geared towards creating a place for you to worship God, no matter where you are on your Spiritual Journey. We believe in creating a safe place for you to learn more about God and what the Bible has to offer. Coffee is served at every service along with a relaxed environment. Salmon Creek is a place where you can be Real and hear the message of God's grace and love.

Weekend Service: Sunday 10:00 AM

For more information about SC3 please visit our website at www.salmoncreek.org

Salmon Creek Community Church

Presents

angelfood
MINISTRIES

A Grocery Relief Program *If you eat...YOU QUALIFY!*

A Hand Up not a Hand Out

Look inside for the March menu!

DEADLINE for Orders:

Tuesday, March 16th, 2009 by 12 noon

Pick-Up Groceries On:

Saturday March. 20th, 2009, 9:00 – 11:00 AM ONLY

Please bring a cooler or large box for your food.

We accept food stamps

For further information about this ministry, please contact Lyle at (585) 698-3146 or lylestirk@aol.com

Future Dates:

April: Order deadline: Tuesday April 13th 12 noon

Distribution Date: Saturday April 17th 9am-11am

March 2010 MENU

Signature Unit: \$30 *Balanced nutrition and variety with enough food to feed a family of four for a week.*

- 2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 X 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag)
- 1 lb. Lean Ground Beef
- 1 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Whole Kernel Corn
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese Soup
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal
- 1 lb. Rice
- Dozen Eggs
- Desert

Senior/Convenience Box (for seniors or people on the go!): \$28

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals – just heat and serve. Each meal has been developed with dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch and two vegetables or fruit. As follows:

Breaded Baked Fish over wild rice with green beans, corn and peas

Chicken Chow Mein over lo mien noodles, mixed vegetables and sauce, sugar snap peas and cauliflower

Swedish Meatballs over pasta in sauce, broccoli, carrot blend

Fettuccini Alfredo with carrots and broccoli, zucchini and Brussels sprouts

Meatloaf Patty with mashed potatoes and gravy, peas and carrots and cauliflower

Turkey and Dressing with gravy, green bean blend and corn

Chicken and Noodles with carrots and peas, corn and Brussels sprouts

Pot Roast with mashed potatoes, corn and green beans

Country Herb Chicken with mashed potatoes and sauce, broccoli and green bean blend

Chicken Broccoli Alfredo with carrots and zucchini blend

Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

Allergen-Free Box: \$23

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded formed Tenders
- 2 lb. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steaks

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breeding is pre-browned in Canola oil.

6 LB. PREMIUM SEAFOOD VARIETY BOX: \$35

Six pounds of the finest quality seafood assortment available.

- 27 oz. Breaded Butterfly Shrimp (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam

AFTER SCHOOL BOX: \$21

- 14 oz. Bread Sticks Stuffed with Mozzarella in Resealable Bag (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings in Resealable Bag (Approx. 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets in Resealable Bag (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 Count)

SPECIALS

March Special #1 (6lb. Assorted Meat Grill Box): \$23

- 1.5 lb .Ribeye Steaks (2 x 12 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mozz. Cheese (2 x 8 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb Bacon Wrapped Turkey Breast Filet Mignon (4x4 oz)

March Special #2 (4.5 lb. Assorted Meat & Chicken): \$22

- 1.5 lb New York Strip Steaks (2x 12 oz)
- Bacon Wrapped Fillet (4x6 oz)
- Bacon Wrapped Chicken Breast (4x6 oz)

March Special #3: (10 lb Boneless/Skinless Chicken Breast Box): \$20

- 10 lb IQF Boneless/Skinless Chicken Breasts

March Special # 4 (4 x 4 Family Meal Kits): \$35

- *4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal.*
- **Turkey Kit** - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans
- **Split Whole Chicken Kit** - 3 lb. (avg) Whole Split Chicken (2 individually wrapped halves), 1.5 lb. Potato Medley, 1 lb. Green Beans

- **Beef Tips & Gravy Kit** - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)
- **Pork Roast Kit** - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn

March Special #5 (Premium Fresh Fruit and Veggie Box): \$22

- 1 Large Golden Ripe Pineapple
- 1 Large Vine Ripened Cantaloupe
- 1 lb. New Crop Chilean White Seedless Grapes
- 1 Large Tree-Ripened Mango
- 1 Large Haas Avocado
- 1 head Leafy Green Cabbage
- 3 lb. bag Sweet Potatoes (baking size)
- 2 lb. bag New Crop Yellow Onions
- 3 lb. bag Idaho Baking Potatoes
- 1 lb. Fresh California Carrots
- 3 Variety Colored Bell Peppers
- 2 ct. Jumbo Garlic
- AFM February 2010 Fruit and Veggie Recipe Sheet

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

March 2010 Order Form

Name (please print): _____

Phone (required): _____

Address: _____

E-Mail: _____

Name of person authorized to receive your food – if other than yourself and phone #: _____

# Ordered	Unit ordered	Co st	Amount Due
	Basic Box	\$30	
	Convenience Box	\$28	
	Allergy Box	\$23	
	Seafood Box	\$35	
	After School Box	\$21	
	Special 1	\$23	
	Special 2	\$22	
	Special 3	\$20	
	Special 4	\$35	
	Special 5	\$22	
	Totals:		

Bring a cooler or large box for food

Order Total: \$ _____ **Donation: \$** _____

Money Orders payable to: Salmon Creek Community Church

Office Use: Cash ___ M/O ___ F/S ___ Initials ___ Date ___